

Infectious Diseases Policy

Statement of Intent

We are committed to promoting positive health and well-being of both children and adults who work within and access our services. Eduplay mobile crèche, MFC crèche and the FFB service aim to make parents/carers, staff, students and volunteers aware of health issues regarding illness. This is to help prevent and control the spread of infectious diseases within our services. In order to achieve this we will:

- Ensure that any child/adult known to be suffering from an infectious disease, or considered too ill to participate in our activities, will be excluded from our provision until they are well enough to return.
- Inform the parents/carers of a child displaying symptoms of being ill with an infectious disease and request prompt collection to reduce the risk to others.
- Request that parents/carers, staff students or volunteers let us know that themselves or a child has contracted an infectious disease
- Take the appropriate steps to notify other parents/carers and service users if necessary.
- Inform the Health and Safety Executive and Ofsted if a significant number of cases are detected.

Exclusion periods

The following conditions apply when a child or adult has any of these listed illnesses. Please note that this list is not exhaustive and includes some common examples but other illnesses with exclusion periods may also apply.

Disease	Types of symptoms	Incubation period	Exclusion period
Measles	Misery, high temperature. Heavy cold, with discharging nose and eyes. Later - harsh cough, conjunctivitis, white spots in cheeks, followed by dusky red patchy rash, starting behind the ears and along ears/hairline - spreads to face, trunk and limbs.	10-15 days	4 days from onset of rash
Rubella (German measles)	Slight sore throat, slight fever, enlarged glands behind ears, pain in small joints	14-21 days	4 days from onset of rash
Chickenpox	Slight fever, starts with red spots with white raised centre on trunk and limbs - very irritating rash.	7-21 days	7 days from onset of rash (all spots must be dry and scabbed over)
Pertussis (Whooping cough)	Heavy cold with fever, followed by spasmodic cough characteristic cough and vomiting.	10-14 days	21 days from onset of cough. If antibiotics are given this may be shorten
Gastrointestinal Infection	Vomiting, diarrhoea, dehydration. In usual circumstances diarrhoea in a child constitutes 3 or more loose stools	7-14 days	Until well. 48 hours after diarrhoea and vomiting have stopped
Tonsillitis	Very sore throat, white patches on tonsils, swollen glands in neck, aches and pains in back and limbs.	2-5 days	Until recovered or at least 48 hours on antibiotics

Hand, Foot and Mouth disease	Red spots with raised blister heads on hands, feet and limbs.	3-5 days	Unless lesions are healed
Herpes Simplex	Blisters inside cheeks, ulcers on the tongue and cold sores around the mouth.	2-10 days	Until all symptoms have ceased
Meningitis (bacterial and viral)	Fever, pains in back and joints, vomiting. Headache, fear of bright lights, stiff neck, confusion. Skin pale, blotchy, red or purple spots/bruises may appear.	2-10 days	Until recovered
Mumps	Fever, headache and swelling of jaw in front of ears, difficulty in opening mouth.	7-28 days	4 days from onset of swelling
Infective hepatitis	(Jaundice) Gradual onset of headache, loss of appetite, nausea, urine dark, faeces pale putty colour.	23-35 days	7 days from onset of jaundice
Conjunctivitis	Itching and pain in eyes which become red and inflames. White discharge or "sticky eye".	Bacterial 1-3 days; viral 2-7 days	24 hours minimum or until improvement begins with medication from GP
Scabies	Itchy mite burrows, visible as red raised spots, especially around nose and mouth, although can develop on body.	Direct contact	24 hours following treatment
Impetigo	Yellow oozing sores with scars on top, itching. Usually around the nose and mouth, although can develop on body.	Direct contact	Until dry and healing, or 24 hours after antibiotic treatment has started
Threadworms	Presence of threadworms in stools (white cotton like pieces) sore anus, itchy bottom, sleeplessness, lack of appetite	Direct contact	24 hours following treatment
Thrush	White patches inside mouth, red rash around mouth or in genital area.	Direct contact	Mouth - 24 hours after treatment. Genitals - no Exclusion necessary although treatment and good hygiene required
Temperatures	Normal range for child is 36.1-37.2 degrees C. 38.3 degrees C or higher is cause for concern	Not applicable	Until temperature returns to normal
Swine Flu	Flu like symptoms, Sudden fever or sudden cough	4 days	1 week